

**I MINA'TRENTAI SINGKO NA LIHESLATURAN GUÅHAN**  
**RESOLUTIONS**

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Adopted	Date Referred	Referred to	PUBLIC HEARING DATE	DATE COMMITTEE REPORT FILED	NOTES
30-35 (COR)	Amanda L. Shelton Tina Rose Muña Barnes Telena Cruz Nelson Régine Biscoe Lee Therese M. Terlaje Louise B. Muña Kelly G. Marsh (Taitano), Ph.D. Sabina Flores Perez Telo T. Taitague Mary Camacho Torres	Relative to recognizing the observance of “ <i>Go Red for Women Month</i> ” on Guam during the month of February 2019 to bring awareness to our community on the efforts to end heart disease and stroke in women; and to further expressing <i>Un Dangkalu Na Si Yu'os Ma'ase'</i> to the numerous community advocates and organizations locally and nationally for their efforts to improving the prevention, diagnosis, and treatment of heart disease in women, and commending them for their dedication to the well-being on women on Guam and the Marianas	2/7/19 10:03 a.m.	2/9/19 1:00 p.m.						

***I MINA'TRENTAI SINGKO NA LIHESLATURAN GUÅHAN***  
**2019 (FIRST) Regular Session**

Resolution No. 30-35 (COR)

Introduced by:

Amanda L. Shelton  
Tina R. Muña Barnes  
Telena Cruz Nelson  
Régine Biscoe Lee  
Therese M. Terlaje  
Louise B. Muña  
Dr. Kelly Marsh Taitano  
Sabina F. Perez  
Telo Taitague  
Mary Camacho Torres

Relative to recognizing the observance of “*Go Red for Women Month*” on Guam during the month of February 2019 to bring awareness to our community on the efforts to end heart disease and stroke in women; and to further expressing *Un Dangkalu Na Si Yu’os Ma’ase’* to the numerous community advocates and organizations locally and nationally for their efforts to improving the prevention, diagnosis, and treatment of heart disease in women, and commending them for their dedication to the well-being on women on Guam and the Marianas.

- 1        **BE IT RESOLVED BY THE COMMITTEE ON RULES OF *I***  
2        ***MINA'TRENTAI SINGKO NA LIHESLATURAN GUÅHAN:***  
3        **WHEREAS, “*Go Red for Women*” is the American Heart Association’s**  
4        **national movement to end heart disease and stroke in women by advocating and**

1 encouraging for more research of heart disease in women, and promoting a healthy  
2 lifestyle that nurtures women's cardiovascular health. The "*Go Red for Women*"  
3 movement motivates women to learn of their family's health history and to meet with  
4 a health care provider to determine their risk for cardiovascular diseases and stroke;  
5 and

6       **WHEREAS**, the "*Go Red for Women*" campaign is being collaboratively  
7 mobilized by many local advocates and organizations to join the movement to  
8 eliminate heart disease in women on Guam; and

9       **WHEREAS**, the month of February 2019 is recognized as "*Go Red for Women*  
10 *Month*" to harness the power, energy, and passion of women to band together and  
11 collectively extinguish heart disease and stroke in women by promoting wellness and  
12 fitness; and

13       **WHEREAS**, in support of the "*Go Red for Women*" movement, "National  
14 Wear Red Day" urges all citizens to show their support for women and the fight  
15 against heart disease, and to commemorate this day by wearing the color red. By  
16 increasing awareness, speaking out about heart disease, and empowering women to  
17 reduce their risk of cardiovascular diseases, it is possible to save thousands of lives  
18 each year; and

19       **WHEREAS**, in 2003, the National Heart, Lung, and Blood Institute introduced  
20 the red dress as a national symbol for women and heart disease awareness, which was  
21 adopted by the American Heart Association; and which consequently has led to the  
22 observance of "National Wear Red Day" on February 2, 2019, to create synergy  
23 among all the organizations that are committed to fighting against heart disease, and  
24 are standing in solidarity with women for the awareness and removal of  
25 cardiovascular disease in women; and

1       **WHEREAS**, according to the American Heart Association, cardiovascular  
2 disease in the United States kills approximately (1) woman every eighty (80) seconds;  
3 with heart disease being the number (1) killer of women, causing one (1) in three (3)  
4 deaths each year; and with stroke being the number three (3) killer of women; and

5       **WHEREAS**, according to the American Heart Association, the five (5)  
6 cardiovascular measurement numbers all women should know in order to take control  
7 of their heart health are that of: Total Cholesterol, High-Density Lipoprotein (HDL)  
8 Cholesterol, Blood Pressure, Blood Sugar and Body Mass Index (BMI); and

9       **WHEREAS**, according to the American Heart Association, knowing these  
10 numbers can help women and their health care providers determine whether there is a  
11 risk for developing cardiovascular diseases. It is significant for all women to learn  
12 these critical numbers in their life because their hearts depending on it; and

13       **WHEREAS**, according to the American Heart Association, eighty percent  
14 (80%) of cardiac events may be prevented through education and lifestyle changes;  
15 and

16       **WHEREAS**, *I Liheslaturan Guåhan* wishes to recognize and thank the  
17 organizations that have joined together to promote the “Go Red for Women”  
18 movement on Guam, including Macy’s, the founding national sponsor that has raised  
19 more than Sixty-five Million Dollars to support “Go Red for Women” since 2004;  
20 Soroptimist International of The Americas; Micronesia Management Training  
21 Academy; *I Kurason Guåhan*; and the many advocates, including: Mr. Ryan F.  
22 Torres, Vice-President/Store Manager, Macy’s Guam; Mr. Juan Mora. Visual  
23 Manager Macy’s Guam; Mr. Tony Rabon, Director LUX Guam; Mr. Joshua Delgado,  
24 Assistant Director, LUX Guam; Mr. Jeffrey C. Ulatan, President and CEO, LUX  
25 Guam; Speaker Tina Muña Barnes; Mayor June U. Blas, Municipality of Barrigada;  
26 Mayor Melissa Savares, Municipality of Dededo; Mrs. Vivian Perez-Quichocho; Mr.

1 Paul Tuncap; Mrs. Cassandra C. Castro, GMHA International Training Center; and all  
2 female survivors of heart disease are recognized as the formidable driving force to  
3 someday eradicate the debilitating and critical heart and health problems in women;  
4 therefore, be it

5 **RESOLVED**, that the Committee on Rules of *I Mina'trentai Singko Na*  
6 *Liheslaturan Guåhan* does hereby, on behalf of *I Liheslaturan Guåhan* and the people  
7 of Guam, to recognizing the observance of “Go Red for Women Month” on Guam  
8 during the month of February 2019 to bring awareness to our community on the  
9 efforts to end heart disease and stroke in women; and to further expressing *Un*  
10 *Dangkalu Na Si Yu'os Ma'ase'* to the numerous community advocates and  
11 organizations locally and nationally for their efforts to improving the prevention,  
12 diagnosis, and treatment of heart disease in women, and commending them for their  
13 dedication to the well-being on women on Guam and the Marianas; and be it further

14 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules  
15 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of  
16 the same be thereafter transmitted to LUX Guam; to Macy's Guam; to the Mayors  
17 Council of Guam; and to the Honorable Lourdes Leon Guerrero, *I Maga'hågan*  
18 *Guåhan*.

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**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF  
I MINA'TRENTAI SINGKO NA LIHESLATURAN GUÅHAN ON THE DAY  
OF MONTH 2019**

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**TINA ROSE MUÑA-BARNES**  
Speaker

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**RÉGINE BISCOE LEE**  
Chairperson, Committee on Rules

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**AMANDA L. SHELTON**  
**Legislative Secretary**